

# BINGHAM COUNTY EXTENSION UPDATE

UNIVERSITY OF IDAHO, U.S. DEPARTMENT OF AGRICULTURE, AND IDAHO COUNTIES COOPERATING

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### Hello, Bingham County, 4-H Community:

In order to ensure we are continuously providing the youth of Bingham County a positive, educational, and fulfilling 4-H experience we have established several dates of final opportunity to enroll as leaders, within certain projects, and into the program in general. We want to encourage all leaders to be fully enrolled online, Protecting Minors Training completed, background check if needed and attendance to annual leader training by January 31, 2024. After the leaders have completed all necessary enrollment and training youth will be listed as Activated in their club. This approach will help ensure that all our youth and volunteers are on the same page moving forward into the new 4-H season, helping start off the year with a positive club experience. For continued leader education, leader's need to attend Leader's Council meetings.

**Youth will need to be enrolled online at [4h.zsuite.org](http://4h.zsuite.org) and have registration fees paid by the cut off dates listed for the project they are doing.** This is required by the University of Idaho for insurance purposes. If you need assistance setting up your Zsuite account, please call the office at 208-785-8060.

### Project Registration Cut Off Dates 2024-2025

#### **Animal Projects**

Swine-April 11, 2025

Sheep-April 30, 2025

Meat Goats-April 30, 2025

Dog-April 30, 2025

Dairy Goats-April 30, 2025

Dairy Cattle-April 30, 2025

Horse-April 30, 2025

Poultry-April 30, 2025

Rabbit-April 30, 2025

**FCS** All FCS Projects -May 12, 2025

**REGISTER  
NOW**

## UPCOMING EVENTS - SAVE THE DATE

## 2025 Calendar

|       |       |   |
|-------|-------|---|
| March | 7     | DAY CAMPS - see last page for information   |
|       | 7     | Straight Shooters Archery Club, 9:30-11 a.m., Archery Range   |
|       | 13    | Butte County Gardening Series, Arco, contact David 208-527-8587   |
|       | 14-15 | Military Veteran Farm Workshop, Bannock Co, register online <a href="https://bit.ly/EASTID">https://bit.ly/EASTID</a>                       |
|       | 17    | Care giver support group, 1-3 p.m., Bingham Office  |
|       | 21    | Straight Shooters Archery Club, 9:30-11 a.m., Archery Range   |
|       | 25    | DEADLINE - Bingham County 4-H Scholarships due by Noon, Bingham Office  |
| April | 27    | Butte County Gardening Series, Arco, contact David 208-527-8587   |
|       | 10    | Butte County Gardening Series, Arco, contact David 208-527-8587   |
|       | 11    | DAY CAMPS - see last page for information   |
|       | 11    | DEADLINE - Swine project enrollment   |
|       | 11    | Straight Shooters Archery Club, 9:30-11 a.m., Archery Range   |
|       | 16    | Office Closed for Training  |
|       | 16    | EISF Market Sale Committee, 6 p.m., Bingham Office  |
|       | 21    | Care giver support group, 1-3 p.m., Bingham Office  |
|       | 21    | Market Swine weigh-in, 4:30-6:30 p.m., EISF Swine Barn  |
|       | 25    | Straight Shooters Archery Club, 9:30-11 a.m., Archery Range   |
|       | 30    | Livestock Education Day Camp, 10-noon, EISF Needlecraft Bldg, Blackfoot   |
|       | 30    | DEADLINE - Sheep project enrollment   |
|       | 30    | DEADLINE - Meat goat project enrollment   |
|       | 30    | DEADLINE - Dog project enrollment   |
|       | 30    | DEADLINE - Dairy Goat project enrollment  |
|       | 30    | DEADLINE - Dairy Cattle project enrollment  |
|       | 30    | DEADLINE - Horse project enrollment   |
|       | 30    | DEADLINE - Breeding Poultry project enrollment  |
|       | 30    | DEADLINE - Rabbit project enrollment  |
|       | May   | 3   |
| 9     |       | DEADLINE - 4-H Camp Scholarships due to office  |
| 10    |       | Teen Camp Counselor Training - time TBD - Bonneville Office   |
| 12    |       | DEADLINE - Non-animal projects enrollment (FCS)   |
| 19    |       | Market Sheep/Market Meat Goat weigh-in, 4:30-7 p.m., EISF Goddard Pavillion   |
| 23    |       | DEADLINE - 4-H Camp Registrations due to office with payment  |
| 26    |       | Holiday - Office Closed   |
| June  | 30    | Livestock Day Camp, Time: TBD, EISF Goddard Pavillion   |
|       | 6     | Teen Camp Counselor Retreat, time TBD, location EISF Needlecraft Bldg.  |
|       | 6     | County Market Rabbit weigh-in, 8-9 a.m., Bingham Office Parking Lot   |
|       | 16-18 | 4-H Camp, Alpine WY   |
|       | 19    | Holiday - Office Closed   |
|       | 20-21 | 2025 Olympics 4-H Alpine Family Camp, Alpine WY, contact Bonneville Co 208-529-1390   |
| July  | 23-25 | Idaho Young Cattle Producer Conference, Burley Id, contact Meranda 208-983-2667   |
|       | 4     | Holiday - Office Closed   |
|       | 14    | DEADLINE - County Fair - Horse registrations, fees and leader approved<br>horse record books due to office by noon                          |
|       | 17    | DEADLINE - County Fair - Livestock registrations, breeding animal fees, and leader<br>approved livestock record books due to office by noon |
|       | 17    | DEADLINE - County Fair - Cloverbud activity record books due to the office by noon  |
|       | 23    | County Fair - Demonstration Contest, 9 a.m., Bingham Office   |
|       | 24    | County Fair - Horse Show, 8 a.m., EISF Grandstands  |
|       | 25    | County Fair - Horse Driving, 9 a.m., EISF infield   |
|       | 25    | County Fair - Horse Trail Classes, 3 p.m., EISF Infield   |
|       | 25    | County Fair - Working Ranch Horse Show, 4 p.m., EISF Grandstands  |
|       | 31    | County Fair - Poultry Band-in, 8-9a.m., Bingham Office  |

## FAMILY &amp; CONSUMER SCIENCES NEWS

**Food Connects Us**

March is National Nutrition Month, a campaign by the Academy of Nutrition and Dietetics. Started in 1973, this promotion provides weekly messages to guide a healthy lifestyle.

**Week 1: Connect with food.** Learn how to cook, plan meals and try a new cooking skill. Find out where your food comes from. Did you know there are community resources such as SNAP, WIC and local food banks which provide education, food and vouchers for food?

**Week 2: Connect with a nutrition expert.** Ask your doctor for a referral to a Registered Dietitian and find one who specializes in your unique needs. They can provide personalized nutrition information to meet your health goals.

**Week 3: Explore the connection between food and culture.** Try experimenting with recipes using different ingredients or cooking techniques. Include your favorite cultural foods and traditions or try new global flavors. Enjoy your meals with family or friends, when possible.

**Week 4: Build the connection across all stages of life.** Learn how nutrient needs may change with age. Include healthful foods from all food groups. Focus on balanced and sustainable eating habits.

I hope this month you will find one message to start. For more information, visit [eatright.org/national-nutrition-month](http://eatright.org/national-nutrition-month)

**2025 International food trends**

Ready for new food ideas? Let's explore the most trending foods across the world.

- Supercharged sandwiches. These are not gourmet, but rather over-the-top options. How about a pickle sandwich where the bread itself is replaced with a giant sliced pickle. Or try a chopped sandwich. These are meats, spreads and vegetables stacked thicker than the average mouth can open!
- Clarified cocktails. These are clear mixed drinks. Non-alcoholic options available.
- Instant noodles are back and better than ever. Watch for toppings such as chili oil, nori and crispy onions, garlic, egg and Korean Buldak noodles.
- An updated take on Haute dogs. Gourmet hot dogs with toppings like truffle mayo, gruyere, fig jam, and crispy onions.
- Specialist seaweed. Look for sea moss, duck weed, and seaweed being added to mango juice, sea moss gummies, seaweed ketchup, pesto and spice mixes.
- Masa. Kernels from heirloom corn varieties make delicious tortillas, blue corn masa tortillas, and fluffy masa pancakes.
- Pistachio. A favorite nut, look for them in pesto and butter, croissant, tiramisu, lattes and of course chocolate.

Source: National Geographic.

**Food Safety News**

Hand washing remains the best first step to stop the spread of food borne pathogens which make us sick. Involving youth in fun experiences with food preparation includes a reminder to wash hands at critical steps. Check out [fightbac.org/featured/](http://fightbac.org/featured/) to find kid-friendly recipes to teach handwashing steps while preparing fun foods. Look for: Caterpillars, Butterflies and Snails: fresh fruit snack

Mousie Cheese Party Ball: mouse shaped ball

Georgia Pecan Mix

Turkey Apples: fresh apple with fruit feathers

**Need a canner part? Only order online from [gopresto.com](http://gopresto.com)**

**ANNOUNCING CLASSES**

**Caregiver Support Group** For any caregiver providing care or support to someone with a memory concern, dementia, or Alzheimer's. The third Monday of every month. Next meeting is March 17, 1-3 pm at the Extension office.

Friday, February 28 will be my last day of work. It has been a terrific experience to work alongside the amazing staff at the 4-H office and all of you. Be well!

*Julie Buck*, Family and Consumer Sciences Educator

## Growing Seedling vegetables for transplanting

It is getting close to the time for planting vegetable transplants for the spring garden. And when I say, “close,” I mean the timing of initiating seedlings is critical. If you plant too early, seedlings will become long and tall with less vigor and a lowered ability to tolerate transplant shock. If you delay planting, you will lose the benefits of season extension. Some of the vegetables you can successfully start as seedlings and then transplant include: tomato, pepper, cabbage, cauliflower, broccoli, cucumbers, pumpkins, and melons.

Starting seeds indoors requires disease free potting soil, preferably pasteurized at a temperature above 160 degrees Fahrenheit for over a half hour. Never use your own natural garden soil as that will exacerbate seedling mortality due to damping off disease. Natural soil is also easily compacted and can lead to germination issues.

Cold tolerant vegetables such as broccoli and cauliflower are planted 6 weeks prior to transplanting. Tomatoes, cucumbers, and melons usually only need 4 to 5 weeks. All vegetable seedlings will need time to harden off the plantlets prior to planting in the garden. This is accomplished by placing the seedlings in progressively hostile environments. I suggest first plac-

ing them just inside the garage with the door only partially open. This will expose the plantlets to some direct sun, wind, and other difficult situations. The plant will respond by developing cell-wall and internal changes that make it more robust and resistant to harsh environments. As the days go on, you will progressively expose the seedlings to longer and more challenging bouts with the outside environment.

The chart to the right is information from the University of Idaho CIS Series #800 (Colt et. Al.) and is for the Boise area. This article is adapted from this publication. In Eastern Idaho we will need to adjust back the dates two or more weeks depending on the year.

Many gardeners in eastern Idaho wait until May to plant anything in their gardens. While mid to late May is the appropriate time to plant warm season, frost tender vegetables such as corn, peppers, tomatoes, cucumbers etc., there are many cold hardy, frost tolerant vegetables that can be planted much earlier. In fact, May is almost too late for planting certain cool season vegetables like Radishes and Lettuce which can turn hot and bitter if they mature and are harvested in the heat of summer. It will be better to plant those in March or early April and harvest them in May and

early June before the hot summer weather hits.

Lettuce, radishes and spinach are frequently planted mid-March in Pocatello and by April 1 in the colder outlying areas. You will need to start them indoors a few weeks prior to that. Mid-May, on a good well environmentally behaved year, is when we can transplant less cold tolerant vegetables such as corn, peppers, tomatoes, and cucumbers.

Table 1. Starting and transplanting dates.<sup>1</sup>

| Plants                           | Starting date | Transplant to garden | Tolerates chilling |
|----------------------------------|---------------|----------------------|--------------------|
| <b>Normally started indoors</b>  |               |                      |                    |
| Broccoli                         | March 10      | April 20             | Yes                |
| Busbels sprouts                  | March 10      | April 20             | Yes                |
| Cabbage                          | March 10      | April 20             | Yes                |
| Cauliflower                      | March 10      | April 20             | Yes                |
| Celery                           | January 10    | April 20             | Yes                |
| Eggplant                         | March 10      | May 10               | No                 |
| Lettuce (head)                   | March 10      | April 20             | Yes                |
| Onion (from seed)                | February 10   | April 10             | Yes                |
| Pepper                           | March 10      | May 10               | No                 |
| Tomato                           | March 25      | May 10               | No                 |
| <b>Sometimes started indoors</b> |               |                      |                    |
| Bean, snap (string)              | April 10      | May 10               | No                 |
| Beet                             | April 1-5     | April 20             | Yes                |
| Corn, sweet                      | April 1-5     | May 10               | No                 |
| Cucumber                         | April 10      | May 10               | No                 |
| Endive                           | April 1-5     | April 20             | Yes                |
| Kale                             | March 20      | April 20             | Yes                |
| Kohlrabi                         | April 1-5     | April 20             | Yes                |
| Melons                           | April 1       | May 10               | No                 |
| Parsley                          | February 10   | April 20             | Yes                |
| Pumpkin                          | April 10      | May 10               | No                 |
| Squash                           | April 1       | May 10               | No                 |

<sup>1</sup>Dates are for the Boise-Caldwell-Nampa area. Adjust transplanting date to last killing frost date and according to the amount of frost risk you are willing to take to increase the chance of an earlier harvest.

## The Noxious Weeds of Idaho

The last time I wrote about noxious weeds a few years ago there were 57. That number has increased to 73. Each year more plants are added to the list. The State of Idaho Department of Agriculture is responsible for administration of the State Noxious Weed Law. There are three control categories.

The first category is the “early detection and rapid response” (EDRR) list. Weeds

listed in this category need to be eradicated during the growing season in which they were found and identified. The next category is the statewide control list. Weeds in this list are known to occur in Idaho. The concentration of these weeds is still at a level where control and/or eradication is possible. The final category is the statewide containment list. Weeds on this list are also known to occur in Idaho. Weed control

efforts for weeds in this group are directed at reducing or eliminating new or expanding populations. Established populations of these weeds will be managed as determined by weed control authorities.

A list of the noxious weeds and their control are listed at: <https://invasivespecies.idaho.gov/plants>.



Join University of Idaho Extension for the

# Idaho Young Cattle Producer Conference

**June 23-25, 2025 | Burley**

- Gain in-depth information on the Idaho cattle industry and valuable tools to be successful in the cattle business.
- Open to cattle producers between the age of 18 and 40.
- Highlights include a tour of the cattle industry, meat cutting demonstration, updates on current issues facing the cattle industry, information on financing a cattle operation, how to utilize risk management tools, innovative range management practices, and endangered species issues.

**To apply:**

- Complete application at [www.uidaho.edu/YCC](http://www.uidaho.edu/YCC) by **June 1**
- 20 participants will be selected to attend
- Conference registration is free; participants are responsible for travel and lodging

**Questions? Contact:**

Meranda Small, UI Extension | 208-983-2667 or [msmall@uidaho.edu](mailto:msmall@uidaho.edu)  
Or contact your local UI Extension office's livestock educator

The University of Idaho has a policy of nondiscrimination on the basis of race, color, religion, national origin, sex, age, sexual orientation, gender identity/expression, disability, genetic information, or status as any protected veteran or military status.



University of Idaho  
Extension

**YCC**  
YOUNG CATTLE  
PRODUCER CONFERENCE



University of Idaho  
College of Agricultural  
and Life Sciences



Bingham County 4-H College Scholarship applications are available now!

County Scholarship Applications are due back to the office by

**March 25, 2025 by NOON.**

Contact Heather at [hstrupp@uidaho.edu](mailto:hstrupp@uidaho.edu) or call 208-785-8060 to receive application.

# SAVE THE DATE:

## Livestock Education Day Camp

\*Education day can count as one club meeting.

Friday, May 30, 2025 (10 AM – 12 PM)

EISF Needlecraft Building

A colorful poster for the 2025 Bingham County Fair. The main text reads '2025 BINGHAM COUNTY FAIR'. A blue circular callout contains the text: '4-H/FFA MARKET ANIMAL SALE WEDNESDAY, AUGUST 6TH BBQ 3:30-5 SALE BEGINS 5 P.M. EISF FAIR GROUNDS'. Below the callout is a QR code and the text 'SCAN ME - FAIR SCHEDULE'. The poster is decorated with various clover and polka-dot patterns.







**Bingham County**  
 412 W. Pacific St.  
 Blackfoot, ID 83221-1726  
 Phone: 208-785-8060  
 Fax: 208-785-2511  
 bingham@uidaho.edu

**County/EISF 4-H  
 Market Swine Weigh-in  
 Monday, April 21  
 4:30-6:30 p.m.  
 EISF Swine Scales**

**\*\*Leaders, please inform all members who are not enrolled at this time\*\***  
 Swine 4-H enrollments are due by Friday, April 11, 2025.  
 Enroll online at : [4h.zsuite.org](http://4h.zsuite.org) enrollment fees can be paid at the Extension Office. We now have the option to accept cards. Market Swine Participants must notify their leaders of the amount and type of tags (County/EISF) by April 11. **If participating in EISF each YOUTH will only be allowed 3 EISF tags. Animals must be designated to that youth not other youth in the family.**

This weigh-in is designated for all swine that will be projected to sell at either the Bingham County 4-H sale or EISF. All EISF destined animals must have completed records in record books to be in compliance with EISF requirements. EISF tags can be used to identify animals for both County and EISF. Animals will be required to be declared by County Fair. Whichever animal is used for County will have its EISF tag altered.

**\*\*Bring bill of sale or email to [bingham@uidaho.edu](mailto:bingham@uidaho.edu) \*\***

- Recommended beginning weight for a Bingham County Fair hog is approximately 80 lbs.
- Recommended beginning weight for an EISF hog approximately 30 lbs.
- There is no maximum beginning or final weight.
- Minimum final weight for both sales is 230 lbs.
- Recommended that hogs finish around 280 pounds to meet industry standards.
- 4-H market swine should be gaining 1.7 pounds per day.

Costs for the weigh-in:

|                           |        |
|---------------------------|--------|
| Buyer's BBQ               | \$5.00 |
| Pictures                  | \$free |
| County Tag(each)          | \$1.25 |
| EISF Tag (as needed) each | \$8.00 |

Persons with disabilities who require alternative means for communication of program information or reasonable accommodations need to contact Bingham County 4-H by April 7, 2025 at 412 W. Pacific, Blackfoot, ID 83221, 785-8060,

**4-H Vaccine Suggestions & Weight Guidelines**

**Swine**

Pigs should have received their vaccines prior to being started in the project by the breeder. It is difficult to get vaccine for pigs in single doses. Some diseases to be concerned about are Mycoplasma, Influenza, erysipelas, circovirus, parvovirus, PRRS, and porcine epidemic diarrhea virus. These diseases cause diarrhea or pneumonia in pigs. Cleanliness is very important in preventing these diseases in pigs.

Any animal off feed, with a snotty nose, droopy ears, or with diarrhea should be examined by a veterinarian. If you don't know what is going on with your animal, ask your leader or a veterinarian. It never hurts to ask.

Make sure to follow withdrawal guidelines on all medications administered to your project animals. This will also include all medicated feeds, which may have longer withdrawal time so pay attention to feed tags.



Bingham County 4-H  
412 W Pacific, Blackfoot  
(208) 785-8060  
hstrupp@uidaho.edu

Bingham/Bonneville /Fort Hall /Butte  
4-H Camp  
June 16-18, 2025  
Alpine, Wyoming



Camper registration now available  
Camp Registration Fee \$100 (partial scholarships available )  
Scholarship deadline May 9  
Registration deadline May 23  
Spots are limited. Registration and payment will hold your spot.

- Must be 8 years old as of January 1, 2025 to attend.
- Campers from ages 8-12 years old.
- Registration forms are available at the 4-H Office
- Registration is based on first come first serve basis, only completed registration forms and payment turned into the office will hold a spot.

**Knitting!**  
**Crafts!**  
Meet new friends!  
**Dance/Movie Night**

**Campfire program!**  
Archery & Rifle  
**7 MEALS A DAY IN THE LODGE!**  
**STAY IN CABINS!**

To enrich education through diversity the University of Idaho is an equal opportunity/affirmative action employer and educational institution.  
Persons with disabilities who require alternative means for communication of program information or reasonable accommodations need to contact Bingham County 4-H by June 3, 2025 at 412 West Pacific Street, Blackfoot, ID 83221, phone 208-785-8060, or bingham@uidaho.edu.



# 2025 OLYMPICS 4-H ALPINE FAMILY CAMP



**SAVE THE DATE**

**FRIDAY-SATURDAY JUNE 20-21**

**LOCATION: ALPINE 4-H CAMP**

- \$20 PER FAMILY INCLUDES:**
- CABIN WITH 10 BUNKS (BRING YOUR OWN BEDDING)
  - BREAKFAST ON SATURDAY
  - SNACKS
  - FUN ACTIVITIES TO ENJOY TOGETHER
  - PRIZES

CONTACT BONNEVILLE OFFICE: 208-529-1390  
MORE INFORMATION COMING SOON

HOSTED BY BONNEVILLE AND BEAR LAKE  
EXTENSION OFFICES

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## MILITARY VETERANS: INTERESTED IN FARMING OR RANCHING IN IDAHO?



Learn new things.  
Protect your assets.  
Connect with others.



**Managing Risk on Idaho Veteran Farms & Ranches Workshop:**  
March 14-15, 2025, in Pocatello

One and a half days of training, tours, & networking focused on reducing agricultural risks & connecting military veterans with resources for success.

Registration is FREE for Veterans and their families. Register by Monday, March 10 at <https://bit.ly/EASTID>



**Date and time**

Friday, March 14<sup>th</sup> - 9:00 am – 6:30 pm (includes lunch & dinner)  
Saturday, March 15<sup>th</sup> - 9:00 am – 1pm

**Location**

University of Idaho Extension Bannock County Office: 10560 N. Fairgrounds Rd., Pocatello, ID 83201

This unique, two-day workshop brings together veterans, service providers, experts and practitioners in an immersive, two-day event focused on reducing the risks associated with agricultural enterprises.

Learn how to build your business, care for your land, crops, and livestock, access state, local and federal resources, manage stress, prevent injury, and explore what's possible on local farms in the region.

This workshop has been designed for military veterans and their families at any stage of an agricultural pursuit, whether you've been farming for years or are just starting to explore.



University of Idaho Extension and the Farmer Veteran Coalition of Idaho Chapter are committed to improving economic opportunities and quality of life for veterans choosing agriculture as their next mission, & decreasing risks associated with operating farms & ranches.



**FREE MONTHLY WEBINARS** exploring topics to reduce economic, financial, legal, marketing and human health risks. Featuring live Q&A.



**ON-DEMAND** recordings of all webinars posted to our YouTube channel to watch and re-watch conveniently on your own time.



**PODCASTS** featuring stories directly from experienced veteran producers and how they manage risks on their Idaho farms and ranches.

The University of Idaho has a policy of nondiscrimination on the basis of race, color, religion, national origin, sex, age, sexual orientation, gender identity/expression, disability, genetic information, or status as any protected veteran or military status. Persons with disabilities who require alternative means for communication or program information, or reasonable accommodations need to contact Ariel Agenbroad by Monday, March 3 at ariel@uidaho.edu or 208-287-5900. University of Idaho and U.S. Department of Agriculture cooperating.



**Volunteer Certification**

**Attention!!! All Certified 4-H Volunteer Leaders- Please Read!**

All returning certified 4-H Volunteer leaders from last year will need to re-certify for the 2024-25 4-H year. **Volunteer Leaders cannot begin club meetings, activities until certification is met.** As a reminder, the certification process includes:

- Re-enrollment into your family profile on 4h.zsuite.org (use the same login and password you use for record book purposes). Sign all waivers and update all personal and club information as needed. **If you are combining with another club or changing your club name, please let us know, ASAP!**
- Complete the **“Protecting Minor’s Training”** (required every 3 years) located in the Clover Academy on the left side of the screen. Choose the **“Protecting Minor’s Training”**. This alerts staff of your completion.
- Update the background screening every three years. **Volunteers that need to update their screening will be notified and sent the link to do so.**
- Insurance fee for volunteers will be paid by Bingham County 4-H.
- Once the above steps are completed and verified, volunteer leaders will receive a certification letter via email.

**4h.zsuite.org**

There is a payment drop box (GRAY box) now available in the breezeway at the Extension Office. Please feel free to use that to drop off 4-H enrollment fees after hours. We can , also, accept payment by card over the phone or in person. There is a \$3 or 3% service charge that will apply.

**Regular Enrollment:**

**Ages 8-18 (by Jan. 1,2025)**

Idaho 4-H Fee- 15.00

B.C. 4-H programming– 4.00

Member insurance- 1.00  
**Total:** \$20 (each up to 3 children  
 In family, then \$5 each)

**Clover Bud:**

**Ages 5-7 (by Jan.1, 2025)**

Idaho 4-H fee- 15.00

Member Insurance- 1.00

**Total:** \$16.00 (each up to 3 children  
 In family, then \$1 each)

**Horse Project Members:**

**Ages 8-18 (by Jan.1,2025)**

Idaho 4-H fee- 15.00

B.C. 4-H programming– 4.00

Eastern District 4-H horse activities participation fee- 4.00

Member Insurance- 2.00

**Total:** \$25.00 (each up to 3 children,  
 then \$10.00 each)

**Zsuite Record Books**

You can start entering information into your record books .

- All market animal projects will create a new record book for this year’s project.
- Please label your record book the type of project you are doing. For example Market Beef or Breeding Beef, Poultry, or Dairy Goat. Do not label them the animal’s name.
- Everyone is required to complete an involvement report along with their project record book. If you completed one last year, just unarchive it and change the dates to current year and add to it. If you are new to 4-H this year just title it involvement report.

If you have any questions or need assistance with record books, please call the 4-H office to schedule an appointment to go through it with you. 208-785-8060.



**4H**  **IS MORE THAN THE**

**RIBBONS AND AWARDS**

**IT'S ABOUT**

**THE** PEOPLE EXPERIENCES LIFE-LONG SKILLS MEMORIES COUNTY FAIR

**IT'S ABOUT BEING A ROLE MODEL GIVING BACK AND MAKING**

**THE BEST BETTER**



**UPCOMING DAY CAMPS**

**ALL DAY CAMPS ARE LOCATED AT THE OFFICE UNLESS OTHERWISE SPECIFIED**

**You MUST be completely enrolled on 4h.zsuite.org and have enrollment fees paid at the office PRIOR to being added to any day camp lists.**

Registration for day camps are **NOW** on 4h.zsuite.org in the events sections of your family profile. **Register online. Limited space!**  
**ALL FEES MUST BE PAID AT THE OFFICE 1 WEEK PRIOR TO DAY CAMP IN ORDER TO ATTEND!**

We are able to accept cards over the phone or at office with a \$3 service fee.

- |     |    |  |
|-----|----|--|
| Mar | 7  | Crepes & German Pancakes, TRADITIONAL, ages 8+, 11-1 p.m., \$7     |
|     | 14 | Pinch Bowl - Beginners Only, TRADITIONAL ages 8+, 1-3 p.m., \$5    |
|     | 21 | Bunny Bags - Beginners Only, TRADITIONAL, ages 8+, 10-noon, \$5    |
|     | 21 | Bunny Bags - Advanced Only, TRADITIONAL, ages 10+, 1-3 p.m., \$5   |
| Apr | 11 | Cream Method Cookies, TRADITIONAL, ages 8+, 11-1 p.m., \$7         |
|     | 11 | Patchwork Tote Bag - ADV. Only, TRADITIONAL ages 10+ 1-3 p.m., \$5 |
|     | 18 | Beach Ball -ADV Only, TRADITIONAL ages 10+, 1-3 p.m., \$Free       |
|     | 25 | Tube Basket - ADV. Only, TRADITIONAL ages 10+, 1-3 p.m., \$TBD     |

The Bingham County News is published by the Bingham County Extension Office. All comments should be directed to Julie Buck. UI Extension Office, Bingham Co. 412 W. Pacific St. Blackfoot, ID 83221 (208) 785-8060 bingham@uidaho.edu http://www.uidaho.edu/bingham

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Persons with disabilities who require alternative means for communication of program information or reasonable accommodations to any programs listed in this newsletter need to contact the Bingham County Extension Office two days prior to the event at 412 West Pacific St., Blackfoot, ID 83221, phone 208-785-8060, email bingham@uidaho.edu.

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**UI Extension, Bingham County**